

Four Element Series

**Earth, Water, Fire, & Air**

**'Sky's the Limit'**

Roxanna

A painting that started out as a doodle ~ one night while 'mooding' a doodle transformed into a heart, & the heart opened the door to a vast uni-verse beyond, into the sky where **all possibilities** lie . . . **Air Element** opens us to a vastness beyond our comprehension. By cultivating Air Element within, you gain an eagle's eye perspective & can rise above the mundane details.

*Roxanna teaches meditation, voice, movement, & leads spirited retreats*



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*Go for It!*

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*"O intoxicating air coming from her dwelling place,  
thou movest my soul to ecstasy."*

*Hazrat Inayat Khan*